

Redesigning the FASD Landscape

If you want to help change the future life opportunities for individuals and families living with a fetal alcohol spectrum disorder (FASD), consider some of the approaches listed below.

Donate

Support efforts to address FASD in the Arkansas by giving to None for Nine <https://ArkansasNoneForNine.org>, your state affiliate of FASD United, or to the national FASD United organization <https://fasdunited.org>.

Seek Additional Training & Information and Refer Others to the Sites

For Training

Dr. Elizabeth Cleveland, Co-director of SDRC presents a one-hour webinar to give families an overview of FASD. <https://youtu.be/p1AY30aKStg>

Teaching Students Who Have an FASD is offered virtually by SDRC. While the training gives attention to strategies for instruction, there is a focus on behavioral concerns. Go to www.ArkSDRC.org for the training schedule.

University of Missouri Online Training (Includes training for families and professionals. Training is free. There is a charge for continuing education credits.) Applicable module: Loving and Caring for a Person with FASD <https://catalystlearningcenter.com>

Centers for Disease Control and Prevention has a collection of resources, including five online modules on FASD, with continuing education credits. <https://nccd.cdc.gov/FASD>

National FASD Collaborative Project is a cross-organization international initiative to increase high-quality support and training options for the FASD community and offers 39 free webinars with continuing education credits over the course of 12 months. <https://www.fasdcollaborative.com>

For Information

Arkansas None for Nine - <https://arkansasnonefornine.org>

Specialty Diagnostic Resource Center (SDRC) – Arkansas’s FASD clinic – <https://www.arksdrc.org>

For other states, go to the website for your FASD United Affiliate <https://nofasaffiliatenetwork.org>

FASD United (formerly NOFAS) - <https://fasdunited.org>

Proof Alliance - <https://www.proofalliance.org>

Centers for Disease Control and Prevention – <https://cdc.gov/fasd>

The National Institute on Alcohol Abuse and Alcoholism (NIAAA)/National Institutes of Health <https://www.niaaa.nih.gov/fetal-alcohol-spectrum-disorders>

Advocate

FASD Respect Act (S. 2238 and H.R. 4151) Support the passage of a bill that will increase funding to federal agencies and expand FASD services across the country.

<https://nofaspolicycenter.org/the-fasd-respect-act/>

FASD United State Affiliates - Check with your state affiliate(s) to learn about their policy initiatives <https://nofasaffiliatenetwork.org>. If your state doesn't have an affiliate, you can help start one. Contact the Affiliate Network by scrolling down the webpage listed above until you find Get In Touch and leave a message indicating your interest.

For Therapists Working with Individuals with an FASD

If you are interested in becoming more FASD informed as a therapist, contact the Specialty Diagnostic Resource Center appointment@arkSDRC.org to learn more about options to increase your knowledge and skills.

Represent Legal Clients Who Have an FASD

Go to the NOFAS Legal Center <https://nofasjusticecenter.org> to learn more about representing clients with an FASD, to find expert witnesses, or to obtain consultation on cases.

Share a Prevention Message

Make sure your friends and loved ones know that there is no safe amount of alcohol to consume while pregnant or if one might become pregnant. If you are part of an agency where appropriate, employ screening and brief interventions for risky alcohol use. Information on evidence-based approaches may be found at <https://cdc.gov/fasd>.