

## Resources for Arkansas Families Living with an Individual with an FASD

### Diagnosis

**Specialty Diagnostic Resource Center** is a program of the AR Regional LEND program and the University of Central Arkansas. SDRC accepts appointments for persons suspected of having an FASD to receive an assessment to diagnose or rule out an FASD. SDRC also offers limited interventions and supports for individuals and families living with an FASD. To make an appointment go to <https://www.arksdrc.org/make-an-appointment>

### Training

**Dr. Elizabeth Cleveland, Co-director of SDRC** presents a one-hour webinar to give families an overview of FASD. <https://youtu.be/p1AY30aKStg>

**Teaching Students Who Have an FASD** is offered virtually by SDRC. While the training gives attention to strategies for instruction, there is a focus on behavioral concerns. Go to [www.ArkSDRC.org](http://www.ArkSDRC.org) for the training schedule.

**University of Missouri Online Training** (Includes training for families and professionals. Training is free. There is a charge for continuing education credits.) Applicable module: Loving and Caring for a Person with FASD <https://catalystlearningcenter.com>

**Centers for Disease Control and Prevention** has a collection of resources, including five online modules on FASD, with continuing education credits. <https://nccd.cdc.gov/FASD>

**National FASD Collaborative Project** is a cross-organization international initiative to increase high-quality support and training options for the FASD community and offers 39 free webinars with continuing education credits over the course of 12 months. <https://www.fasdcollaborative.com>

### Supports

**Guided Conversations** is a monthly, virtual meet-up for families to discuss their experiences with FASD. On the first Friday of each month at 11:30 a.m. Central Time, families will hear a brief presentation on a topic related to FASD then have a discussion among other families and the invited speaker for the session. These are coordinated by SDRC.

**Facebook Group for Families Living with FASD** is coordinated by Arkansas None for Nine. This is a closed group so people not living with an FASD will not be able to join the group. To become part of the group, contact Carol Rangel at [arkansasnonefornine@gmail.com](mailto:arkansasnonefornine@gmail.com)

**National FASD Collaborative Project** is a cross-organization international initiative to increase high-quality support and training options for the FASD community and catalogues 21 online support groups. <https://www.fasdcollaborative.com>

## Websites

Arkansas None for Nine - <https://arkansasnonefornine.org>

Specialty Diagnostic Resource Center (SDRC) – <https://www.arksdrc.org>

FASD United (formerly NOFAS) - <https://fasdunited.org>

Proof Alliance - <https://www.proofalliance.org>

Centers for Disease Control and Prevention – <https://cdc.gov/fasd>

National Institute on Alcohol Abuse and Alcoholism (NIAAA)/National Institutes of Health  
<https://www.niaaa.nih.gov/fetal-alcohol-spectrum-disorders>